

GIRL SCOUT  
CADETTE/SENIOR/AMBASSADOR  
LEADERSHIP AWARDS

GIRL SCOUTS OF CENTRAL MARYLAND  
4806 Seton Drive  
Baltimore, MD 21215  
410-358-9711  
1-800-492-2521  
[www.gscm.org](http://www.gscm.org)

04-631  
05/13

## CADETTE/SENIOR/AMBASSADOR LEADERSHIP AWARDS

**Leader in Action (LiA):** Girls can earn a Leader in Action (LiA) award by assisting a Brownie group/troop on any of their National Leadership Journeys. There are 3 different LiA awards, one for each of the Journey series. To earn a LiA, girls will share their organizational skills, use one of their special talents, teach Brownies something important from their Journey, and reflect upon their own experience. For more information about each LiA, network with the adult volunteers guiding Brownie groups in your Girl Scout community. Complete requirements can be found in their Brownie Leadership Journey adult guides.

**Cadette Girl Scout Program Aide** – Any girl who is registered as a Cadette Girl Scout who has completed grade six is eligible to take this course.  
*To earn a Cadette Program Aide award, follow these steps:*

1. Earn one LiA Award.
2. Complete council-designed leadership course training.
3. Work directly with younger girls over six activity sessions.

Each girl who desires to become a Program Aide is required to complete Program Aide training. This leadership workshop will train girls in the basic aspects of becoming a Program Aide (responsibilities of leadership, Girl Scout basics, growth and development, the group process, etc). This training is to be taken prior to taking the Outdoor Program Aide training (if applicable). These trainings were developed by the Program Department at GSCM based on GSUSA guidelines.

1. PA Training – Outdoor -- After completing PA Training, girls who would like to work with day camps are required to take Outdoor PA Training. Girls need not attend both sessions on the same day.

Once the training(s) have been completed, the girls will receive the Program Aide Pin and then they are eligible to work toward their Internship. The internship must be at least 25 hours in duration working directly with a troop, group, day camp, event, or series of events. Upon completion of the Internship, the girls should submit the completed Time Log to their Troop Leader.

**Volunteer-In-Training (VIT)** – Any girl who is registered as a Girl Scout Senior or Ambassador and has completed grade nine is eligible to take this course.

*Earn this award in the following ways:*

1. Find a mentor who is currently the adult volunteer for a group of girls at the level you'd like to work with. This volunteer will help you through your training and internship, and you'll help the volunteer with her group of girls for the three-to-six month period.
2. Complete a council-designed leadership course.
3. Create and implement a thoughtful program based on a Journey or badge that lasts over four or more sessions. Be responsible for designing, planning, and evaluating the activities. ("Sessions" can be instances when VIT personally leads a troop activity during a troop meeting or they can be a combination of a VIT leading activities at a troop meeting and leading younger girls during major Girl Scout event).

**Counselor-In-Training (CIT)** – Any girl who is registered as a Girl Scout Senior or Ambassador and has completed the tenth grade is eligible to take CIT training.

*To earn this award:*

1. Take a leadership course designed by your council on outdoor experience.
2. Work with younger girls over the course of a camp session.

**Counselor in Training II (CIT II)** – Any girl who is registered as a Girl Scout Senior or Ambassador and has completed the CIT training and internship is eligible.

*To earn this award:*

1. Earn your CIT Award.
2. Work with younger girls over the course of at least one camp session while focused on increasing your skills in one specific area- such as riding instruction, lifeguarding, or the arts.

**Community Service Bars** - There are types of Community Service Bars that girls are eligible to receive. The Community Service Bars are:

The Cadette Girl Scout Community Service Bar (Red)  
The Cadette Service to Girl Scouting Bar (Red & Green)  
The Senior Girl Scout Community Service Bar (Orange)  
The Senior Service to Girl Scouting Bar (Orange & Green)  
The Ambassador Girl Scout Community Service Bar (Yellow)  
The Ambassador Service to Girl Scouting Bar (Yellow & Green)

The steps toward earning any Community Service Bar are:

1. Girls select the organization for which they would like to volunteer, or they may choose to volunteer for Girl Scouts. In either case, the organization must agree to train the girls for a minimum of 4 hours. The form number is 04-632, revised 5/12. Attached to the application is a Time Log for Service Hours the Time Log is used to record their hours of volunteering.
2. The girls must commit to a minimum of 20 hours of service. After accumulating 20 hours, they submit a copy of the Time Log to their Troop Leader. The leader will take it to the Council Store when purchasing the Community Service Bar.

*Girls who have earned their Cadette Girl Scout Community Service Bar may continue their community service with the same organization after they bridge to Senior Girl Scouts (Obtain a new Time Log from the Volunteer Resource Center). They can volunteer an additional 20 hours and now earn the Senior Girl Scout Community Service Bar. If they **choose to work for an entirely new organization**, they will need to receive 4 hours of training from the new organization, and accumulate 20 service hours. **Girls will still submit a copy of the Time Log to their Troop Leader. The leader will take it to the Council Store when purchasing the Senior Girl Scout Community Service Bar.***

The Silver Torch Award: This award recognizes Cadettes who act as leaders in their communities.

***Do these two steps to earn the award:***

1. **Complete one Cadette Leadership Journey.**
2. **Serve for one full term in a leadership position at** your school, place of worship, library, town council, community center, after-school club, or a similar organization. For example, you might serve as a school yearbook editor, on a committee to organize youth events within your faith community, or on an event-

planning board at the Girl Scouts. The length of your service will depend on the term specified by the organization or the particular role.

The Gold Torch Award: This award recognizes Seniors/Ambassadors who act as leaders in their communities.

***Do these two steps to earn the award:***

- 1. Complete one Senior/Ambassador Leadership Journey.**
- 2. Serve for one full term in a leadership position at** your school, place of worship, library, town council, community center, after-school club, or a similar organization. For example, you might serve as a school yearbook editor, on a committee to organize youth events within your faith community, or on an event-planning board at the Girl Scouts. The length of your service will depend on the term specified by the organization or the particular role.